

## What's Happening at West Side

### What's Happening TODAY

**A Taste of West Side**—11:30 am in DePhillips Hall—Enjoy great food and company!

**The Whiffenpoofs of Yale**—3:00 pm in the Sanctuary—The country's oldest a cappella group will perform jazz, pop, folk and Broadway hits from across the decades.

**New Member Class**—4:30 pm in Pulsifer Chapel—Are you thinking about calling West Side “home”? Come to this dynamic, informative class. No pressure!

### New Artist in The Gallery: Elizabeth Nuti

We're excited to welcome West Sider Elizabeth Nuti to The Gallery for the month of October! An educator of young children for more than 20 years, Elizabeth has written and illustrated more than 20 “musical storybooks.” Both the books and color prints from the books are available for purchase, with 25 percent of sales donated to West Side. Be sure to visit The Gallery after worship today and meet the artist at her reception.

### Feeding the Hungry Year-Round

Food insecurity is a 365-day challenge for many of our neighbors, which is why we are handing out grocery bags on the **first Sunday of every month**—starting today! Please pick up a grocery bag and a shopping list after worship. Donations benefit the Center for Food Action and First Presbyterian Church of Passaic.



### Give Them A Boost!

Stop by the table in the Narthex after worship today to find out how you can help our two refugee families with the purchase of winter clothes, shoes and household supplies. Questions? Please reach out to Alison Raffaele Tatem (alison@alisonraffaele.com).

### Wanted: Cars for Trunk or Treat

Trunk or Treat is taking place on **October 26**, and we need volunteers to decorate their cars and hand out candy. It's a terrific opportunity for older kids and their parents—as well as singles, couples and empty nesters—to get into the Halloween spirit. Stop by the table in the Narthex after worship today to sign up. Time commitment: 9:30 to 11:30 am.

### Bereavement Group Resumes

Good Grief, our bereavement support group, started up again this month. Those who are struggling with the loss of a loved one now have two dates to choose from each month—the **first Wednesday at 5:45 pm and the second Sunday at 11:30 am**. In both sessions we'll be

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working with Paula D'Arcy's book *The Winter of the Heart: Finding Your Way Through the Mystery of Grief*. Join us on **October 13 at 11:30 am** in the West Side Room. If you have questions or need a ride, please reach out to Pat McGlade (pmcglade@westside.org).

### Sunday Night Live Kickoff Next Week

Sunday Night Live kicks off on **October 13 at 7:00 pm** in the Barn. Drop off your middle school and high school kids for 90 minutes of fun, fellowship and awesome music!

### End-of-Life Conversations

The end-of-life conversation continues on **October 20 at 11:30 am** with Deborah Holden-Holloway, minister of music at West Side, and Mason Jenkins, chaplain at The Valley Hospital, who will share their personal stories. And, in partnership with The Valley Hospital, Jessica Zitter, M.D., will be with us on **November 5 at 7:00 pm**. She's a critical and palliative care specialist and author of *Extreme Measures: Finding a Better Path to the End of Life*. We'll watch the Academy Award-nominated film “Extremis,” followed by a discussion and Q&A with Dr. Zitter. Call 1-800-825-5391 to register, or sign up online at [ValleyHealth.com/Events](http://ValleyHealth.com/Events).



### Trunk or Treat Coming Up

Toddlers through third graders are invited to come to West Side—in costume, of course—for some safe, super-fun “trunk-or-treating” on **October 26 at 10:00 am**. We'll have apple cider, donuts and pumpkins to decorate too. See you in the parking lot!

### Help for Homeless Working Families

Working homeless families will be spending a week in our Youth Barn in partnership with Family Promise of Bergen County. Can you help out with: grab-and-go breakfast items (every day), dinner (10/30, 11/1, 11/2) or sleeping overnight (10/27, 10/30, 10/31, 11/1, 11/2)? To volunteer, please email Laura Given (givnclan@gmail.com).

### Family Promise Gala

There are three seats available at the West Side/Upper Ridgewood table at the Family Promise Gala on **October 30 at 6:00 pm** at the Indian Trail Club in Franklin Lakes. The \$125 ticket price includes dinner, a silent auction and an inspiring program. RSVP to [phogan@westside.org](mailto:phogan@westside.org).

### Some TLC Needed

The benches in the Memorial Garden and Meditation Garden could use some TLC, specifically a good power washing. If you're able to lend a hand, please reach out to Sara Johnson (sfhj621@aol.com).